



Cougar Challenge 5k (Cal State San Marcos)
October 18, 2008
Race Director: Steve Scott
Race 6 of 2008 USATF/ASICS Dirt Dog XC Series
Women's Race



Race Place	Name	Time	USATF	Age	S	Div	Div Place	Div Score	Team	Team Div	Team Place
1	LESLEY PATERSON	16:53	Yes	28	F	Open	1	100	JH Cohn	Open	1
2	DALLON WILLIAMS	17:36	Yes	23	F	Open	2	90			
3	MORGAN SJOGREN	17:40	No	--	F						
4	JESSICA SANDOVAL	17:46	No	--	F						
5	ALISA RODGERS	17:56	Yes	35	F	Open	3	81	BSK/Running Center	Open	2
6	EMILY MCGREGOR	17:57	Yes	22	F	Open	4	73	San Diego Track Club	Open	3
7	WHITNEY PATTON	18:06	No	--	F						
8	JEN DENKINS	18:06	Yes	30	F	Open	5	66	JH Cohn	Open	4
9	CADY VILLAREAL	18:16	No	--	F						
10	SIN CARRANO	18:21	No	--	F						
11	LINDSEY MCKOWN	18:21	No	--	F						
12	KYLIE EDWARDS	18:35	Yes	28	F	Open	6	59			
13	STEPHANIE COOK	18:42	No	--	F						
14	JULIE KOMOSINSKI	18:43	Yes	25	F	Open	7	53	Zoot Nomads	Open	5
15	FANNY TILLEY	18:44	Yes	32	F	Open	8	48	Bonita Roadrunners	Open	6
16	SOPHIA DAMMAN	18:45	Yes	29	F	Open	9	43	BSK/Running Center	Open	7
17	KATHY KASISCHKE	18:45	Yes	32	F	Open	10	39	JH Cohn	Open	8
18	SUZANNE SCIMENTI	18:47	No	--	F						
19	KIM MUELLER	19:04	Yes	32	F	Open	11	35	San Diego Track Club	Open	9
20	LYNDSEY GOLDEN	19:10	Yes	27	F	Open	12	32	Zoot Nomads	Open	10
21	LIZA DIETRICH	19:17	Yes	28	F	Open	13	29	Zoot Nomads	Open	11
22	JEN REINAGEL	19:17	No	--	F						
23	BECKI MCCLINTOCK	19:24	Yes	29	F	Open	14	26	San Diego Track Club	Open	12
24	KINDRA GLAVIN	19:27	Yes	28	F	Open	15	23	BSK/Running Center	Open	13
25	AIMEE BRADLEY	19:32	No	23	F						
26	ANNE-MARIE BYRNE	19:33	Yes	24	F	Open	16	21			
27	GINA MERCHANT	19:35	Yes	26	F	Open	17	19	San Diego Track Club	Open	14
28	MISSY BUNN	19:43	No	--	F						
29	TERRY IZAGUIRRE	19:46	Yes	21	F	Open	18	17	San Diego Track Club	Open	15
30	MAKENZIE MABRY	19:47	No	--	F						
31	LAURA HEURING	19:54	No	19	F						
32	TERRI MOYLAN	20:01	Yes	47	F	40+	1	100	JH Cohn	Open	16
33	CASSIDY REICH	20:06	No	--	F						
34	RUTH VALLEJO	20:06	Yes	33	F	Open	19	15	Zoot Nomads	Open	17
35	TOYA REAVIS	20:09	Yes	44	F	40+	2	90	JH Cohn	40+	1
36	ALYSSA ROBINSON	20:15	No	--	F						
37	KAREN WHEATON	20:16	Yes	41	F	40+	3	81	San Diego Track Club	40+	2
38	JAMIE MOSS	20:17	Yes	22	F	Open	20	14	Zoot Nomads	Open	18
39	CHRISTINE DAMMAN	20:17	Yes	28	F	Open	21	13	BSK/Running Center	Open	19
40	ADRIENNE GRAHAM	20:18	No	17	F						
41	CHRISTINE GOULD	20:19	Yes	28	F	Open	22	12	Zoot Nomads	Open	20
42	JANE AITCHISON	20:22	Yes	43	F	40+	4	73	Bonita Roadrunners	40+	3
43	NIKI THOMAS	20:26	No	--	F						



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44	LINDA FRADKIN	20:32	Yes	44	F	40+	5	66	San Diego Track Club	40+	4
45	BROOKE SMITH	20:35	No	--	F						
46	CHRISTINA COOPER	20:51	No	--	F						
47	KEIKO YOSHIOKA	20:54	No	--	F						
48	TAMMY TABEEK	20:55	Yes	48	F	40+	6	59	JH Cohn	Open	21
49	ADRIENNE HUNTER	21:02	No	30	F						
50	DIANE SACKSTEDER	21:17	No	44	F						
51	JAYE MORRIS	21:23	Yes	44	F	40+	7	53			
52	JOANN SCOTT	21:27	Yes	54	F	50+	1	100	BSK/Running Center	Open	22
53	ASIA GRAHAM	21:27	No	19	F						
54	ERIN HEARN	21:29	No	--	F						
55	LEIGH RUTHERFORD	21:32	No	--	F						
56	CHRISTINE YOUNG	21:41	Yes	59	F	50+	2	90	San Diego Track Club	50+	1
57	TANA GANDHI	21:44	No	--	F						
58	DEBBIE FISCHER	21:46	Yes	55	F	50+	3	81	San Diego Track Club	50+	2
59	ANRI TANABE	22:05	No	--	F						
60	ROSE VANDUZER	22:12	Yes	50	F	50+	4	73	San Diego Track Club	50+	3
61	MARY RYZNER	22:14	Yes	54	F	50+	5	66	San Diego Track Club	50+	4
62	JOANNA WHITELEY	22:18	Yes	36	F	Open	23	11	BSK/Running Center	Open	23
63	LAURA SAND	22:24	Yes	35	F	Open	24	10	Zoot Nomads	Open	24
64	MARIA JIMENEZ	22:34	Yes	26	F	Open	25	9	Bonita Roadrunners	Open	25
65	DEBORAH SHEA	22:40	Yes	54	F	50+	6	59	San Diego Track Club	50+	5
66	WILLIE MUNDT	22:51	Yes	59	F	50+	7	53	San Diego Track Club	50+	6
67	MICHELLE ESQUEDA	22:56	Yes	48	F	40+	8	48	Bonita Roadrunners	40+	5
68	SHARON MATSUOKA	22:58	No	--	F						
69	ANGIE CONTRERAS	23:06	Yes	47	F	40+	9	43	Bonita Roadrunners	40+	6
70	EMILY DIXON	23:39	No	--	F						
71	JOY SARGIS	23:46	Yes	48	F	40+	10	39	San Diego Track Club	40+	7
72	NANCY WAHLIG	23:49	Yes	53	F	50+	8	48	San Diego Track Club	50+	7
73	LORI CRAWFORD	23:59	Yes	53	F	50+	9	43	Bonita Roadrunners	50+	8
74	SACHIKO KONDO	24:24	No	--	F						
75	CATHY HOLL	25:05	Yes	53	F	50+	10	39	San Diego Track Club	50+	9
76	MARY SUE GAIL	25:46	Yes	47	F	40+	11	35			
77	DOROTHY LITTLE	26:00	Yes	69	F	60+	1	100	San Diego Track Club	50+	
78	TINA BREEN	26:30	Yes	52	F	50+	11	35	Bonita Roadrunners	50+	10
79	JUDY RICHWINE	26:36	Yes	65	F	60+	2	90			
80	KIM SATTERLEE	26:38	Yes	58	F	50+	12	32	San Diego Track Club	50+	
81	ANAMARIA GILMAN	27:05	Yes	57	F	50+	13	29	Bonita Roadrunners	50+	11
82	WENDY LUCERO	27:25	No	32	F						
83	RIRI NAGAO	28:28	No	--	F						
84	KAREN BARROS	28:40	Yes	50	F	50+	14	26	Bonita Roadrunners	50+	12
85	MARTHA WALKER	30:59	Yes	72	F	60+	3	81	San Diego Track Club	50+	



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1	OKWARO RAURA	24:41	Yes	33	M	Open	1	100	BSK/Running Center	Open	1
2	SERGIO GONZALEZ	24:41	Yes	22	M	Open	2	90	BSK/Running Center	Open	2
3	NAZARIO ROMERO	24:45	Yes	34	M	Open	3	81	Adidas/Movin Shoes	Open	3
4	DAVE EDWARDS	25:00	Yes	21	M	Open	4	73			
5	SEAN ZANDERSON	25:12	Yes	29	M	Open	5	66	Adidas/Movin Shoes	Open	4
6	ALFREDO CORONADO	25:16	No	--	M						
7	ALEX GUADERRAMA	25:20	No	--	M						
8	FERNANDO BLANCO	25:22	Yes	29	M	Open	6	59	Adidas/Movin Shoes	Open	5
9	TONY GUADAGNINI	25:25	No	--	M						
10	MATT LEETCH	25:27	No	--	M						
11	DON KEDIK	25:27	No	28	M						
12	CHRIS CAPEAU	25:44	No	--	M						
13	PAUL WELLMAN	25:45	Yes	30	M	Open	7	53	Adidas/Movin Shoes	Open	6
14	LEO ELORZA	25:48	No	--	M						
15	KYLE HUGHES	25:56	No	--	M						
16	SEAN MCKEON	25:58	Yes	25	M	Open	8	48	The Lost Boys	Open	7
17	ROSS DAMMAN	25:59	Yes	31	M	Open	9	43	BSK/Running Center	Open	8
18	JEREMY BROWN	25:59	Yes	28	M	Open	10	39	The Lost Boys	Open	9
19	ISMAEL SAMANO	26:02	No	--	M						
20	ANDREW LANG	26:03	No	--	M						
21	STERLING GRANGER	26:05	No	--	M						
22	IRVIN GARCIA	26:25	No	--	M						
23	DAVID KLOZ	26:35	Yes	33	M	Open	11	35	BSK/Running Center	Open	10
24	RYAN VILAS	26:41	No	20	M						
25	JUAN ROMERO	26:46	No	--	M						
26	NICK BERNAL	26:46	Yes	25	M	Open	12	32			
27	CHRIS KOPP	26:49	No	29	M						
28	VINNIE DEROCO	26:50	No	29	M						
29	ANTONIO SANCHEZ	26:57	No	--	M						
30	MIGUEL VEGA	27:04	No	--	M						
31	MATAN MAYER	27:12	No	--	M						
32	HANK CARL	27:14	No	--	M						
33	BRYAN WALLBANK	27:22	Yes	40	M	40+	1	100	Jamul Toads	40+	1
34	DAVID VOLK	27:24	Yes	31	M	Open	13	29	Adidas/Movin Shoes	Open	11
35	TOM BACHE	27:31	Yes	36	M	Open	14	26	San Diego Track Club	Open	12
36	MARK STELL	27:34	Yes	47	M	40+	2	90	JH Cohn	40+	2
37	DAVE EASA	27:34	Yes	30	M	Open	15	23	BSK/Running Center	Open	13
38	JASON LEWIS	27:36	Yes	34	M	Open	16	21	The Lost Boys	Open	14
39	DARIUS BASTANI	27:36	Yes	26	M	Open	17	19	The Lost Boys	Open	15
40	SAULO RIVERA	27:37	Yes	31	M	Open	18	17	San Diego Track Club	Open	16
41	KEVIN BOWES	27:54	Yes	31	M	Open	19	15			
42	NOLAN HANSEN	28:11	Yes	26	M	Open	20	14	BSK/Running Center	Open	17
43	BRIAN SCOTT	28:20	Yes	34	M	Open	21	13	BSK/Running Center	Open	18



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44	ADAM WEINER	28:28	Yes	49	M	40+	3	81	San Diego Track Club	40+	3
45	MICHAEL CLINCH	28:36	Yes	26	M	Open	22	12	BSK/Running Center	Open	19
46	MANNY NUNO	28:38	No	22	M						
47	JUAN NARANJO	28:48	Yes	42	M	40+	4	73	Jamul Toads	40+	4
48	THOMAS POLHILL	29:00	No	--	M						
49	JOSE RIVERA	29:01	Yes	36	M	Open	23	11	San Diego Track Club	Open	20
50	SCOTT LAPRATH	29:03	Yes	45	M	40+	5	66	San Diego Track Club	40+	5
51	EDDIE GOLDBERG	29:05	Yes	52	M	50+	1	100	JH Cohn	50+	1
52	MARCOS QUEVEDO	29:06	No	--	M						
53	GREG HOULGATE	29:06	Yes	41	M	40+	6	59	JH Cohn	40+	6
54	MARTIN ELLISON	29:18	Yes	54	M	50+	2	90	BSK/Running Center	50+	2
55	JOHN ROMAIS	29:27	No	27	M						
56	CRAIG ZINGERLINE	29:35	No	30	M						
57	ZANE ROMANO	29:50	No	--	M						
58	WESTON RYAN	29:50	No	--	M						
59	ALLEN TURRIETTA	29:56	Yes	50	M	50+	3	81	Bonita Roadrunners A	50+	3
60	BRIAN ROGERS	30:03	Yes	45	M	40+	7	53			
61	JOHN ADUH	30:05	No	50	M						
62	WANDILE MKHULISE	30:07	No	--	M						
63	JACK NASH	30:08	Yes	54	M	50+	4	73	San Diego Track Club	50+	4
64	TROY MCADAMS	30:09	No	23	M						
65	JONATHAN GOMEZ	30:15	No	--	M						
66	PETE CHENARD	30:23	Yes	38	M	Open	24	10	Adidas/Movin Shoes	Open	21
67	TOM BERGE	30:24	Yes	45	M	40+	8	48	JH Cohn	40+	7
68	JEFF RULAND	30:28	Yes	49	M	40+	9	43			
69	DAVID SANFORD	30:34	Yes	45	M	40+	10	39	San Diego Track Club	40+	8
70	GUY PERKINS	30:42	Yes	46	M	40+	11	35	San Diego Track Club	40+	9
71	LES SHIBATA	30:45	Yes	53	M	50+	5	66	San Diego Track Club	50+	5
72	RON ENOS	30:55	Yes	63	M	60+	1	100	San Diego Track Club	50+	6
73	KEVIN PROCHASKA	31:00	Yes	51	M	50+	6	59	San Diego Track Club	50+	7
74	MARCUS CATANO	31:02	No	35	M						
75	JUSTIN GILLEN	31:03	No	28	M						
76	SAM WALLING	31:12	Yes	47	M	40+	12	32	Jamul Toads	40+	10
77	KYLE BILLINGS	31:16	No	45	M						
78	CARROLL POPE	31:29	Yes	53	M	50+	7	53	BSK/Running Center	50+	8
79	ANDY THACHER	31:47	Yes	45	M	40+	13	29	San Diego Track Club	40+	11
80	JOSE FINO	31:49	Yes	42	M	40+	14	26	Jamul Toads	40+	12
81	CRUZ MACIAS	32:04	No	--	M						
82	CLARENCE ZACHOW	32:04	Yes	46	M	40+	15	23	San Diego Track Club	40+	13
83	JAN KAFKA	32:26	Yes	61	M	60+	2	90	San Diego Track Club	50+	9
84	CARY AULTZ	32:43	Yes	54	M	50+	8	48	BSK/Running Center	50+	10
85	WILLIAM MOLESWORTH	33:00	Yes	55	M	50+	9	43	San Diego Track Club	50+	11
86	HAL GOFORTH	33:07	Yes	64	M	60+	3	81	San Diego Track Club	50+	12



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87	PAUL HARTFIELD	33:09	No	51	M						
88	ANTONIO MELCHOR	33:43	Yes	47	M	40+	16	21			
89	CHRIS SALAS	34:02	No	18	M						
90	MATT JONES	34:11	No	49	M						
91	PETER STERN	34:39	Yes	63	M	60+	4	73	San Diego Track Club	50+	13
92	ERIC DRUMMOND	35:03	Yes	50	M	50+	10	39	BSK/Running Center	50+	14
93	STEVEN BARROS	35:31	Yes	51	M	50+	11	35	Bonita Roadrunners B	50+	15
94	KAMRON JAFARI	35:31	No	--	M						
95	MICHAEL ROUSE	35:34	No	25	M						
96	DAN LINEHAN	35:49	Yes	60	M	60+	5	66	BSK/Running Center	50+	16
97	CARLOS BERRIOS	36:22	No	25	M						
98	PAUL BAUMHOEFNER	36:52	Yes	56	M	50+	12	32	San Diego Track Club	50+	
99	JAMES HOVIS	37:13	No	62	M						
100	STEVEN BRENNECK	37:28	Yes	68	M	60+	6	59	BSK/Running Center	50+	17
101	VINCE DECKER	37:44	No	47	M						
102	DAVID DEROCHE	37:50	Yes	40	M	40+	17	19			
103	JERY MCADAMS	38:09	No	54	M						
104	HELIODORO CASTANEDA	38:10	Yes	61	M	60+	7	53	Bonita Roadrunners B	50+	18
105	BILLY SPIVEY	39:58	No	--	M						
106	GRAEME SHIRLEY	41:30	Yes	62	M	60+	8	48			
107	MOHAMMAD AHSAN	42:42	No	--	M						
108	GARY DEMERS	43:52	Yes	57	M	50+	13	29	Bonita Roadrunners B	50+	19
109	PAUL PELLICI	45:39	No	30	M						
110	PETE PETERSEN	50:13	No	67	M						



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Team Score

Mens Open Division	1	2	3	4	5	6	7	8	Total	Score
Adidas/Movin Shoes	3	4	5	6	11	21			29	20
BSK/Running Center	1	2	8	10	13	17	18	19	34	14
The Lost Boys	7	9	14	15	X				Incomplete	0
San Diego Track Club	12	16	20	X	X				Incomplete	0

Mens 40+ Division	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	3	5	8	9	11	13			25	20
Jamul Toads	1	4	10	12					27	14
JH Cohn	2	6	7	X					Incomplete	0

Mens 50+ Division	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	4	5	6	7	9	11	12	13	22	20
BSK/Running Center	2	8	10	14	16	17			34	14
Bonita Roadrunners B	15	18	19	X					Incomplete	0
JH Cohn	1	X	X	X					Incomplete	0
Bonita Roadrunners A	3	X	X	X					Incomplete	0

Womens Open Division	1	2	3	4	5	6	7	8	Total	Score
JH Cohn	1	4	8	16	21				29	20
San Diego Track Club	3	9	12	14	15				38	14
BSK/Running Center	2	7	13	19	22	23			41	10
Zoot Nomads	5	10	11	17	18	20	24		43	7
Bonita Roadrunners	6	25	X	X					Incomplete	0

Womens 40+ Division	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	2	4	7						13	20
Bonita Roadrunners	3	5	6						14	14
JH Cohn	1	X	X						Incomplete	0

Womens 50+ Division	1	2	3	4	5	6	7	8	Total	Score
San Diego Track Club	1	2	3	4	5	6	7	9	6	20
Bonita Roadrunners	8	10	11	12					29	14